



# St. Mary's Catholic Primary School

## SRE Curriculum Overview

Topic overview with key vocabulary in brackets.

### Year 1. Growing and Caring for Ourselves

Lesson 1: Keeping Clean – (teeth, clean, care).

Lesson 2: Growing and Changing- (baby, difference, girl, boy, penis, vagina)

Lesson 3: Families and Care – (feelings, family)

### Year 2. Differences

Lesson 1: Differences. Boys and Girls – (boy, girl, stereotype)

Lesson 2: Differences. Male and Female – (differences, penis, vagina)

Lesson 3: Naming the Body Parts

### Year 3. Valuing Difference and Keeping Safe

Lesson 1: Differences. Male and Female- (female, male, vagina, penis)

Lesson 2: Personal Space- (touch, personal space)

Lesson 3: Family Differences – (families, different)

### Year 4. Growing Up

Lesson 1: Growing and Changing- (human lifecycle, grow, change, develop)

Lesson 2: Body Changes and Reproduction- (puberty, reproduction, pregnancy, babies)

Lesson 3: What is Puberty?- (hormones, puberty, changes, lifecycle, physical, emotional)

### Year 5. Puberty

Lesson 1: Talking about Puberty- (emotional, physical, puberty, sex hormones, reproductive organs)

Lesson 2: Male and Female Changes – (menstrual cycle, towels, tampons, egg, fallopian tube, sperm production, testicles)

Lesson 3: Puberty and Hygiene- (physical hygiene, bra, deodorant, spot cream, gender stereotypes, social pressures, feelings, emotion, advice)

### Year 6. Puberty and Reproduction

Lesson 1: Puberty and Reproduction- (puberty, reproduction, uterus)

Lesson 2: Relationships and Reproduction- (relationships, babies, reproduction, sexual intercourse)

Lesson 3: Conception and Pregnancy- (diversity, relationships, conception, IVF, adoption, fostering)

“BUILD, PURSUE, ENABLE, RESPECT, LOVE UNCONDITIONALLY”

