

# Fresh Ideas Feeding Minds Autumn / Winter

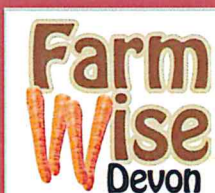


St Mary's Catholic Primary School

Welcome to our New Autumn/ Winter menu. Our menu is compliant to the school food standards and Food For Life Served Here - Gold



Devon Norse are proud to support Farmwise Devon



Allergen information is available from your school or [www.devonnorse.co.uk](http://www.devonnorse.co.uk). Should your child have a medically diagnosed allergy or health condition that requires an alternative menu please complete our special diet registration form available from the school office or email [info@devonnorse.co.uk](mailto:info@devonnorse.co.uk)

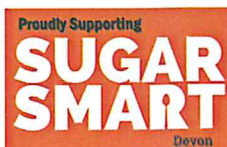
Throughout the year we offer a number of themed menus to support the curriculum, celebrate holidays and seasonal events- please check with your school for local arrangements.

Fresh Bread & Salad are available daily with a main meal. Fresh Fruit & Yoghurts are available as alternative puddings. Please note the menu may be subject to change.



[www.devonnorse.co.uk](http://www.devonnorse.co.uk)

Please note the menu may be subject to change to meet local needs. For details of employment opportunities within Devon Norse please email [info@devonnorse.co.uk](mailto:info@devonnorse.co.uk) or phone us 01392 351160.



## Week One

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Organic Beef Burger in Wholemeal Bap with Tomato Ketchup	Salmon and Sweet Chilli Noodles	Roast Beef & Gravy	Quorn Bolognese	Mini Battered Fish Fillet
Option 2	Sweet Potato and Lentil Curry with Rice	Macaroni Cheese	Tomato Tumble	Cheese Wheel and Pasta	Vegetable Fingers
Served with	Wedges, Baked Beans or Sweetcorn	Crusty Bread, Carrots and Peas	Roast or Mashed Potato, Green Beans and Carrots	Roasted Vegetables	Chips, Pasta, Peas or Baked Beans
and for Pudding	Fruity Flap Jack	Devonshire Apple Cake and Custard	Fresh Fruit Platter	Sticky Chocolate Cake with Chocolate Sauce	Shortbread Biscuit
Jacket Potato	Jacket Potato with Cheese	Jacket Potato with Beans	Jacket Potato with Cheese,	Jacket Potato with Ham	Jacket Potato with Tuna
Available Each Day	<b>Fresh Bread &amp; Salad with a main meal. Fresh Fruit &amp; Yoghurts are available as alternative puddings.</b>				
Week starting:	02/11/20 23/11/20 14/12/20 18/01/21 08/02/21 08/03/21 29/03/21				

## Week Two

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Organic Pork Meatballs in Tomato Sauce	Cheese & Tomato Pizza	Roast Chicken & Stuffing with Gravy	Breakfast Brunch	Fish Fingers
Option 2	Cauliflower and Broccoli Cheesy Bake	Veggie Chilli and Rice	Veggie Roast and Gravy	Veggie Burger and Wedges	Quorn Nuggets
Served with	Farmhouse Veg and Wholemeal Pasta	Wedges, Beans or Sweetcorn	Roast or Mashed Potato, Cabbage and Carrots	Baked Beans, Grilled Tomatoes and Mushrooms	Chips, Pasta, Peas or Baked Beans
and for Pudding	Apple and Cherry Crumble with Custard	Fresh Fruit Platter	Organic Pip Ice Lolly	Vanilla Cup Cake	Chocolate & Date Cookie
Jacket Potato	Jacket Potato with Cheese	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Ham	Jacket Potato with Tuna
Available Each Day	<b>Fresh Bread &amp; Salad with a main meal. Fresh Fruit &amp; Yoghurts are available as alternative puddings.</b>				
Week starting:	09/11/20 30/11/20 04/01/21 25/01/21 22/02/21 15/03/21				

## Week Three

	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	West Country Sausage with Gravy or Tomato Ketchup	Tomato Pasta Bake	Roast Pork, Apple Sauce and Gravy	Hunters Chicken and Rice	Mini Battered Fish Fillet
Option 2	Vegetable Lasagne	Veggie Sausage Roll and Wholemeal Pasta	Lentil Loaf and Gravy	Cheesy Pizza Muffin and Wedges	Quorn Sticky Sausages
Served with	Mashed Potato, Baked Beans or Sweetcorn	Peas and Green Beans	Roast or Mashed Potato, Cauliflower and Carrots	Broccoli and Sweetcorn	Chips, Pasta, Peas or Baked Beans
and for Pudding	Chocolate Cracknel	Carrot Cake	Fruit Jelly and Lamage Farm Ice Cream	Fresh Fruit Platter	Oat Cookie
Jacket Potato	Jacket Potato with Cheese	Jacket Potato with Beans	Jacket Potato with Cheese	Jacket Potato with Ham	Jacket Potato with Tuna
Available Each Day	<b>Fresh Bread &amp; Salad with a main meal. Fresh Fruit &amp; Yoghurts are available as alternative puddings.</b>				
Week starting:	16/11/20 07/12/20 11/01/21 01/02/21 01/03/21 22/03/21				